

Linden Medical Group

Linden Medical Centre, 54 Linden Avenue, Kettering, NN15 7NX

Tel: 01536 481734

www.lindenmedical.co.uk

 www.facebook.com/lindenmedicalgroup

Carers Contact Sheet

RESOURCE:	CONTACT NUMBER / DETAILS:
District Nurse Contact	Tel: 01536 481734
Health Visitor	Tel: 01536 512352
Emergency Dentist	Tel: 07860879279
Open Access Physiotherapist	Tel: 01536 493643
Northamptonshire Carers	Northamptonshire Carers 123 Midland Road Wellingborough NN8 1LU Tel: 01933 677907 www.northamptonshire-carers.org
Alzheimer's Society (East Midlands)	Tel: 01522 692681 www.alzheimers.org.uk
Age UK (Northamptonshire)	Tel: 01604 611200 www.ageuk.org.uk/northamptonshire
Arthritis Research UK	Tel: 0300 7900400 www.arthritisresearchuk.org
Mind	49-51 Russell Street Kettering Northants, NN16 0EN 01536 523216 www.ketteringmind.org.uk
Citizens Advice Bureau (CAB)	Tel: 0844 855 2122 www.ketteringcab.org.uk

Other Useful Websites

- www.nhs.uk/carersdirect
- www.carenorthants.co.uk
- www.wholooksafteryou.co.uk

As a Carer, you are entitled to a Carers Assessment by Social Services, to discuss the help that both you and the person you care for may require, call: 01536 313270

Our Carers Lead at Linden Medical Group is:

Joanne Hall Tel: 01536 527072

Our Carers Co-ordinator at Linden Medical Group is:

Ruth Lindley Tel: 01536 481734

Please contact your Carers Lead or Co-ordinator if you have any queries about our support for carers.