

# Glossary of Terms



- **Clinician** = GP/Nurse/Specialist Pharmacist/Specialist Nurse
- **Fasting Blood Test** = - Nothing to eat for 12 hours before the test
  - Only have water to drink
  - Smokers are requested not to smoke
- **Health Care Assistant (HCA)** = Health Care Assistants undertake a variety of roles including taking blood for testing, carrying out ECG's, BMI measurements, BP recordings and exercise advice.
- **Initial Review** = An appointment to gather and discuss general health and lifestyle information, such as; Height, Weight, Blood Pressure, Blood tests etc.
- **LTC** = Long term condition
- **Specialist Pharmacist** = Specialist Pharmacists have had specific clinical training in areas such as medication reviews alongside specialists interest in cardiac conditions such as heart failure and atrial fibrillation .
- **Specialist Nurse** = Specialist nurses have had specific clinical training in areas such as Asthma, Diabetes and contraception.
- **Practice Nurse** = Practice Nurses are involved in the monitoring and promotion of health and wellbeing, supplying advice and support of treatment plans, lifestyle, diet, exercise, smoking cessation and appropriate alcohol consumption.